

# City of Rochester Bureau of Recreation Summer Swim Academy 2013 Information and Registration Form

The City of Rochester Bureau of Recreation's Summer Swim Academy offers free swim lessons for youth 6-18 and low-priced lessons for adults (**call 428-7456 if interested in adult lessons.**) Lessons are offered at six different skill levels, and at several indoor and outdoor pool locations around the City (**except adult lessons, which are offered only at the Adams Street Pool**).

## **Skill Levels are:**

Level 1: Introduction to Water Skills (Water exploration; no previous instruction; can't swim)

Level 2: Fundamental Aquatic Skills (Primary skills; Floats and puts face in water)

Level 3: Stroke Development (Stroke readiness, dives into deep water and swims 25 yards)

Level 4: Stroke Improvement (Swims 25 yards, crawl and elementary backstroke)

Level 5: Stroke Refinement (Swims 50 yards, front and back crawl)

Level 6: Swimming and Skill Proficiency (Demonstration of all strokes)

## **Summer 2012 Sessions:**

Daytime Session 1: July 1-19, Mon.-Thurs. at all sites except Adams St. Pool (see site list below)  
July 8-19, Monday-Thursday at Adams Street Pool

Daytime Session 2: July 22-August 16, Monday-Thursday (All Sites Except Jefferson High School)

Evening Session 1: July 9-August 1, Tuesday and Thursday (Adams Street Pool only)

Adult Lessons: **Adams Street Pool only. Call 428-7456 for information.**  
(six-lesson sessions, \$20 per session)

***Half-hour daytime lesson times will vary between 9:30 a.m.-12 p.m. based on skill levels and enrollment; evening times between 6:30-8:30 p.m.***

**Locations-For all skill levels:**

Adams Street Community Center Pool  
85 Adams St. (this is the only available location for evening lessons)

East High School Pool (Indoor)  
1801 East Main Street

Jefferson High School Pool (Indoor)  
1 Edgerton Parl Park

Genesee Valley Park Pool  
131 Elmwood Avenue

James Monroe High School Pool  
164 Alexander Street

John Marshall High School Pool  
180 Ridgeway Avenue

Wilson Commencement High School Pool (Indoor)  
200 Genesee Street

**Locations-For Levels 1-2 only:**

Avenue D Community Center Pool  
200 Avenue D

Flint Street Community Center Pool  
271 Flint Street

**\*\*Key Information about Registration\*\***

Mail-in Registration for Session 1 is June 7-June 30

Mail-in for Session 2 is July 1-July 19

In-person registration at any lesson site is open June 24-July 1.

**Level 1-2 participants must register in person.**

Students may register for only one session. Registration is first come, first served.

Students enrolled from Session 1 may re-enroll for Session 2 between July 22 and 28, 2013.

If mailing the registration form, mail to one of these two locations:

Summer Swim Academy Registration  
131 Elmwood Avenue  
Rochester, NY 14611

Adams Street Community Center  
85 Adams Street  
Rochester, NY 14608

Or, deliver your registration form to one of the above locations.

**NEED MORE INFORMATION? SEEKING ADULT LESSONS?  
Call 428-7888 or 428-7456**

# Summer Swim Academy 2012 Registration Form

***Note: If interested in adult lessons, call 428-7456***

Participant Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Telephone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Youth Parent/Guardian Name \_\_\_\_\_

Youth Parent/Guardian Phone Number \_\_\_\_\_

Youth Parent/Guardian E-Mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone Number \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

## **Indicate Skill Level (if you're not sure of this, call 428-7456)**

\_\_\_\_\_ Level 1: Introduction to Water Skills

\_\_\_\_\_ Level 2: Fundamental Aquatic Skills

\_\_\_\_\_ Level 3: Stroke Development

\_\_\_\_\_ Level 4: Stroke Improvement

\_\_\_\_\_ Level 5: Stroke Refinement

\_\_\_\_\_ Level 6: Swimming and Skill Proficiency

**Indicate Desired Session:**

\_\_\_\_\_ Session 1 (July 2-20, July 9-20 for Adams Street Pool)

\_\_\_\_\_ Session 2 (July 23-August 16)

\_\_\_\_\_ Evening Session (Adams Street Pool only, July 10-August 2)

\_\_\_\_\_ Adult Session (**call 428-7456 for information about options**)

**Desired Location—Mark 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Choice**

\_\_\_\_\_ Adams Street Pool (offers all Levels; only location for evening lessons)

\_\_\_\_\_ John Marshall High School Pool (offers all Levels)

\_\_\_\_\_ Thomas Jefferson High School Pool (offers all Levels)

\* Only session 1 due to availability – 7/1-7/19

\_\_\_\_\_ James Monroe High School Pool (offers all Levels)

\_\_\_\_\_ Genesee Valley Park Pool (offers all Levels)

\_\_\_\_\_ East High Street Pool (offers all Levels)

\_\_\_\_\_ Wilson Commencement High School Pool (offers all Levels)

\_\_\_\_\_ Avenue D Community Center Pool (**offers only Levels 1 and 2**)

\_\_\_\_\_ Flint Street Community Center Pool (**offers only Levels 1 and 2**)