

City of Rochester Bureau of Recreation

Summer Swim Academy 2013

Information and Registration Form

The City of Rochester Bureau of Recreation's Summer Swim Academy offers free swim lessons for youth 6-18 and low-priced lessons for adults (**call 428-7456 if interested in adult lessons.**) Lessons are offered at six different skill levels, and at several indoor and outdoor pool locations around the City (**except adult lessons, which are offered only at the Adams Street Pool**).

Skill Levels are:

Level 1: Introduction to Water Skills (Water exploration; no previous instruction; can't swim)

Level 2: Fundamental Aquatic Skills (Primary skills; Floats and puts face in water)

Level 3: Stroke Development (Stroke readiness, dives into deep water and swims 25 yards)

Level 4: Stroke Improvement (Swims 25 yards, crawl and elementary backstroke)

Level 5: Stroke Refinement (Swims 50 yards, front and back crawl)

Level 6: Swimming and Skill Proficiency (Demonstration of all strokes)

Summer 2013 Sessions:

Daytime Session 1: July 1-19, Mon.-Thurs. at all sites.

Daytime Session 2: July 22-August 16, Monday-Thursday (All Sites accept Jefferson H.S.)

Evening Session 1: July 2-August 8, Tuesday and Thursday (Adams Street Pool only)

Adult Lessons: **Adams Street Pool only. Call 428-7456 for information.**
(six-lesson sessions, \$20 per session)

Half-hour daytime lesson times will vary between 9:30 a.m.-12 p.m. based on skill levels and enrollment; evening times between 6:30-8:30 p.m.

Locations-For all skill levels:

Adams Street Community Center Pool
85 Adams St. (Also is available for evening lessons)

John Marshall High School Pool
180 Ridgeway Avenue

East High School Pool (Indoor)
1801 East Main Street

Jefferson High School Pool (Indoor)
1 Edgerton Park

Genesee Valley Park Pool
131 Elmwood Avenue

James Monroe High School Pool
164 Alexander Street

Wilson Commencement High School Pool
(Indoor)

200 Genesee Street

Locations-For Levels 1-2 only:

Avenue D Community Center Pool
200 Avenue D

Flint Street Community Center Pool
271 Flint Street

****Key Information about Registration****

Applications are available on line on June 4th, 2013 at www.cityofrochester.gov/swimlessons/,

Mail-in Registration for **Session 1** is **June 7-June 30**

Mail-in for **Session 2** is **July 1-July 19**

In-person registration at any lesson site is open **June 24-July 1**.

Level 1-2 participants must register in person.

Students may register for only one session. Registration is first come, first served.

Students enrolled from Session 1 may re-enroll for Session 2 between July 22 and 28, 2013.

If mailing the registration form, mail to this location:

Department of Recreation and Youth Services
Summer Swim Academy Registration
400 Dewey Ave.
Rochester, NY 14613

NEED MORE INFORMATION? SEEKING ADULT LESSONS?

Call 428-7888 or 428-7456

Summer Swim Academy 2013 Registration Form

Note: If interested in adult lessons, call 428-7456

Participant Name _____
Address _____
City _____ Zip Code _____
Primary Telephone Number _____
Date of Birth _____ Age _____
Youth Parent/Guardian Name _____
Youth Parent/Guardian Phone Number _____
Youth Parent/Guardian E-Mail _____
Emergency Contact _____
Emergency Phone Number _____
Parent/Guardian Signature _____

Indicate Skill Level (if you're not sure of this, call 428-7456)

_____ Level 1: Introduction to Water Skills
_____ Level 2: Fundamental Aquatic Skills
_____ Level 3: Stroke Development
_____ Level 4: Stroke Improvement
_____ Level 5: Stroke Refinement
_____ Level 6: Swimming and Skill Proficiency

Indicate Desired Session:

_____ Session 1 (July 1-19 for Adams Street Pool)
_____ Session 2 (July 22-August 15 for Adams St. Pool)
_____ Evening Session (Adams Street Pool only, July 2-August 8)
_____ Adult Session (**call 428-7456 for information about options**)

Desired Location—Mark 1st, 2nd, and 3rd Choice

_____ Adams Street Pool (offers all Levels; only location for evening lessons)
_____ John Marshall High School Pool (offers all Levels)
_____ Thomas Jefferson High School Pool (offers all Levels)
* Only session 1 due to availability – 7/1-7/19
_____ James Monroe High School Pool (offers all Levels)
_____ Genesee Valley Park Pool (offers all Levels)
_____ East High Street Pool (offers all Levels)
_____ Avenue D Community Center Pool (**offers only Levels 1 and 2**)
_____ Flint Street Community Center Pool (**offers only Levels 1 and 2**)