

Rochester Recreation

2016 Summer Guide

Get Information on Summer Camps,
Swim Sites, Special Events & More!

Believe.



City of Rochester, NY
Lovely A. Warren, Mayor
Rochester City Council

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DEPARTMENT OF RECREATION & YOUTH SERVICES INFORMATION

Marisol O. Ramos-Lopez - Commissioner,
Department of Recreation & Youth Services

Eric Rose - Deputy Commissioner

Contact Us

The City of Rochester's Recreation Bureau office is
located at 400 Dewey Ave. Rochester, NY, 14613

Phone: (585) 428-6755

Office hours: 9 a.m. to 5 p.m. Weekdays

Recreation Facilities and Rental Information

Rochester Recreation offers a number of facilities for rent for your next family party or special event. These include the rustic Tay House and Lake Riley Lodges, the historic Danforth Community Center Auditorium, Edgerton Stardust Ballroom, the newly renovated Dr. Martin Luther King Jr. Memorial Park Lodge in the heart of the East End, and two venues perfect for smaller gatherings - the Genesee Valley Park Field House and Norton Village Recreation Center. Gyms and meeting rooms are also available for rent in select R-Centers. Go to www.cityofrochester.gov/facilityrental or call 428-6755 for complete information.

Important Dates

May 30, Memorial Day

Administration Office and R-Centers closed

June 20 – 25, Staff Training

R-Centers closed

July 4, Independence Day

Administration Office and R-Centers closed

Aug. 29 – Sept. 5

ArtSmart and GVP Sports Camp closed

Aug. 29 – Sept. 10, Staff Training

R-Centers closed

Sept. 5, Labor Day

Administration Office closed





Summer Meals

School is out & summer is in!

This summer, kids ages 18 and under can enjoy a free nutritious breakfast and lunch daily at your local R-Center.

To find the nearest site, call 211 or visit:
cityofrochester.gov/summermeals



Summer in the Flower City

Rochester may be known for its snowy winters but summer is when the “Flower City” really blossoms. With its beautiful beaches, historic parks, popular R-Centers and a prodigious line-up of summer events, there is something for everyone to enjoy. The City of Rochester’s summer recreation line-up offers so many opportunities to get out and take advantage of the warmer months while learning something new and exploring our city.



From scenic trails to historic sites, the City’s many parks are sure to delight outdoors enthusiasts and history buffs alike. Many feature sports fields, playgrounds, picnic areas and rental lodges, making them the perfect place to play sports or host a family event. City pools, spray parks and beaches provide a fun, safe way to learn to swim, join a swim team or just beat the heat.

The City’s many R-Centers are jam-packed with programs and activities that inspire people of all ages to stay fit, be creative, learn something new and make friends along the way. R-Center offerings include magnet day programs for youth that focus on the arts, science, technology, sports, nature and the environment. R-Center ArtSmart and Youth Sports fee-based summer camps offer fun and affordable options for city families. Visitors can also take advantage of R-Center fitness facilities offered at several locations. We’re working hard to create safer neighborhoods, more jobs for our citizens and better educational opportunities for our children and our R-Centers are important resources for strengthening our community.

I invite everyone to make this a summer to remember by taking advantage of all the opportunities we make available. Have a fun, safe and active season!

Lovely A. Warren, Mayor
City of Rochester, NY

Make it a SUMMER of AWESOME!



The City's ArtSmart and Youth Sports Summer Camps give kids the chance to explore their interests, try new things, and meet new friends. Camp staff specialize in making sure every child feels welcomed, included and challenged to be the best they can be.

ArtSmart

At ArtSmart, kids set their imaginations free, exploring painting, dance, music, theatre and more in beautiful Cobbs Hill Park, conveniently located just off the I-490 Culver Road exit. ArtSmart Camp also includes group games and outdoor activities in a spacious, inspiring, outdoor play area. Field trips to exciting and educational Rochester attractions add to the fun. At the end of camp, families are invited to celebrate with a final creative showcase.

Youth Sports Camp

At Youth Sports Camp, located in the historic Genesee Valley Park, kids try a different sport each week—no previous experience necessary. Teamwork, sportsmanship and positive behavior on and off the field is emphasized. Skills and healthy habits that are the foundation for a successful future. Kids also enjoy fun field trips, including the opportunity to meet professional athletes.

Why Not Both?

Interested in both ArtSmart and Youth Sports Camps? Sign up for a different camp each week! Both ArtSmart and Youth Sports Camps offer kids ages 6 - 13 fun from July 5 – Aug. 26, Mon. – Fri., 8:30 a.m. – 5:30 p.m., at the affordable rate of \$100 per week for city residents, and \$145 per week for those living outside the city. Additional siblings can join in the fun at a \$25 discount. Breakfast and lunch are included.

Get Started

A diverse group of friends, caring staff, affordable prices and convenient locations are just a few reasons to choose ArtSmart and Sports Camps this summer. Don't miss out on these great programs, they fill up fast! To sign-up, download an application at www.cityofrochester.gov/summercamps. For more information call 428-6755.

Girls Coalition

*Bringing Together Positive Girls
Doing Positive Things.*



Girls Coalition of Rochester empowers young women and promotes leadership within through the provision of girl-centered programming and professional development.

The Coalition is comprised of girls groups that meet regularly with female R-Center staff advisors. In addition to weekly meetings at their centers, members of each girls group come together once a month for "Girls Night Out" girl-focused programming that reflects their needs and interests. Girls Coalition also sponsors several special events and field trips throughout the year in addition to monthly programming.



The program also provides opportunities for networking and support among female youth workers who work with girls. Girls Coalition advisors meet with other program staff once a month for reflection,

planning, and professional development. These meetings help to support advisors as they facilitate successful girls-only programs.

ROCmusic

This summer, ROCmusic offers a opportunity to get musical! ROCmusic camps are open to city kids age 6-18, who have prior musical training, are currently enrolled ROCmusic students, or have already play a bowed-stringed instrument. In this four- day camp, children develop skills by learning folk music from around the world on the violin, viola, cello, bass, and Appalachian Dulcimer! Children will learn lyrics, bass lines, melodies, harmony, and accompaniments. Applications are available online at www.ROCmusic.org

Mayor's Summer Stars

There are so many great programs to take advantage of this summer, in every city neighborhood. Whether your kids prefer to experience an adventure through books at your local branch library, or they thrive in structured camps and programs, there are plenty of ways to get engaged and curb the summer "brain drain."

Take advantage of summer learning programs at any of the City R-Centers. Magnet camps include: Earth Explorers, STEM, Art Explosion and Sports. Branch libraries will offer incentives for summer reading and all youth will be invited to participate in the End of Summer Bash.

Biz Kid\$

Biz Kid\$ is a week-long camp that teaches kids ages 10-13 how to build their own business through a fun and fast-paced program of interactive games and activities. Kids learn how to manage money, make a good impression, set goals, and create thier very own business plan. Participants also get real sales experience by operating a lemonade stand at City Hall and pocket the profit! On the final day of camp, kids vie for cash and other great prizes by presenting their business plans to a panel of local business professionals. Many Biz Kid\$ graduates have gone on to create successful businesses selling hand-made jewelry, providing pet-sitting, bicycle repair, and landscaping services and more.

Biz Kid\$ camp runs is offered in two, week-long sessions at the Norton Village R-Center, 350 Waring Rd., July 11 - 15 and August 8 - 12, from 9 a.m. until 4 p.m. daily. City residents can enroll for free; those who live outside the city can participate for \$60. Breakfast and lunch is provided each day. Space is limited so enroll soon by visiting: www.cityofrochester.gov/bizkids

R-Center Magnet Programs



R-Centers offer opportunities for kids to explore their passions through activities that focus on their interests.

Programs run Jun. 27- Aug. 19
Monday - Friday
8:30 a.m. - 5:30 p.m.

STEM Explosion

Exploring STEM (science, technology, engineering, and mathematics) subjects with hands-on activities, helps children connect learning to their own lives and the world around them. This program will ignite and expand your child's interest in science and technology.

Available at: Carter Street R-Center

Creative Arts Workshop

Creativity is using the imagination to see the world or solve a problem in a new way—a valuable skill for academics and life. In this arts-infused program, children will unleash their imagination. Local artists and trained staff will lead daily activities exploring dance, theater, creative writing, music, arts and crafts and more.

Available at: Edgerton R-Center

Sports Center













Youth who play sports do better in school, develop personal discipline, and learn how to get along with others. At Sports Center, children will explore a new sport each week. Participants will learn basic skills through age-appropriate clinics, try fitness exercises, practice as a team, play group games and compete in tournaments. The program culminates with the R-Center "Olympics" at the end of the summer. **Available at: Avenue D & Campbell Street R-Centers**


Earth Explorer Expeditions





















































In this program, children will discover the great urban outdoors. Participants will explore local parks and natural areas and learn about nature, urban gardening, nutrition, healthy cooking, reusing and recycling and more.

Available at: Humboldt R-Center

R-Center Locations & Amenities

-  Community Meeting Space
-  Performance Space
-  Playground
-  Outdoor Courts
-  Swimming Pool
-  Spray Park
-  Gym
-  Game Room
-  Teen Lounge
-  Fitness Center
-  Computer Lab
-  Summer Meals



Southwest	
Adams Street Address: 85 Adams St. Phone: 428-7266 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Flint Street Address: 271 Flint St. Phone: 428-7001 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Roxie Ann Sinkler Address: 75 Grover St. Phone: 428-7827 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Southeast	
Humboldt / #28 School Address: 1045 Atlantic Ave. Phone: 428-7294 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Frederick Douglass Address: 999 South Ave. Phone: 428-6015 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Thomas P. Ryan Address: 530 Webster Ave. Phone: 428-7828 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Northeast	
Avenue D Address: 200 Ave. D Phone: 428-7934 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Carter Street Address: 500 Carter St. Phone: 428-7890 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
David F. Gantt Address: 700 North St. Phone: 428-7149 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Northwest	
Campbell Street Address: 524 Campbell St. Phone: 428-7860 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Edgerton Address: 41 Backus St. Phone: 428-6769 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
Lagrange Address: 455 LaGrange Avenue Phone: 428-7829 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           
#42 School Address: 3330 Lake Ave. Phone: 428-7829 Hours: M-F, 8:30 a.m. - 9 p.m. Sat 10 a.m. - 5 p.m.	           

The Department of Recreation and Youth Services offers activities for youth ages six and over. A responsible person must accompany, and remain with any child under six. Staff are not authorized to hold youth in most activities or on the premises. Parents may inquire about programs that are designed to allow staff to keep participants until a specific time. Call 428-6755 for more information.

LEAGUES & LESSONS

Got game? City R-Centers offer pickup and organized sports programs for both kids and adults. Play a sport you love, or try something new. Either way, sports are a great way to get out and stay active.



Adult Lessons (Ages 18+)

Swim Lessons for Adults

Learn to love the water this summer! Affordable swimming lessons for adults are offered at the Adams Street R-Center. Cost is \$20 per six-lesson session. For complete information, call 428-7456 or visit www.cityofrochester.gov/adamsstreet.

Tennis Lessons

The City's Adult Tennis Program, in partnership with the Swing Tennis Academy, offers professional instruction for all levels of play. Morning and evening classes are available. Cost is \$96 for eight - 90 minute lessons. Pre-registration and pre-payment is required.

Session 1: May 31 - July 3

Session 2: July 5 - July 31

Session 3: August 1 - Aug. 28

Session 4: Sept. 6 - Oct. 2

For complete information or to download a registration form, visit www.cityofrochester.gov/tennislessons.

Adult Leagues (Ages 18+)

Baseball

The City hosts two adult baseball leagues organized by NABA Wood Bat League. The season begins in late May and runs through early August. For a complete game schedule, or to join, visit www.rochesterbaseball.com. For more information, contact Nick D'Ambrosio at: **208-8954** or ndambrosio56@gmail.com.

Basketball

Playing a team sport with your friends and neighbors is a fun way to get healthy! Games are played at 5, 6, 7 or 8 p.m. Mondays and Wednesdays, July 6 – August 17 at the Thomas P. Ryan R-Center. Register at Thomas P. Ryan R-Center, beginning Monday, June 27. For more information, call George Warren at **428-7721**.

Softball

Nothing says summer like a game of softball! Men's, women's and co-ed leagues are available. The season begins in early June and runs through August. Games are played at Cobbs Hill Park. Cost is \$735 per team. For more information or to register, call Andy Yazwinski at **737-2635**, or the Bureau of Recreation at **428-6755**.



Cool Sweep

Everything's cooler in the city.

When the temperature rises above 85 degrees, the Cool Sweep program goes into effect with extended hours at pools, spray parks, "cooling centers" at select libraries, R-Centers, and open water hydrants.

For more information, visit:
www.cityofrochester.gov/coolersweep

Youth Leagues

Youth Basketball

July 11 - Aug. 17

Tues. and Thurs., 4 - 8 p.m.

Youth ages 13 and under are invited to have fun shooting hoops while developing a sense of sportsmanship, increasing self-esteem and learning self-discipline. Games are played at the Edgerton R-Center. Register at the Edgerton R-Center beginning Monday, June 27. For more information, call Kevin Holman at **428-7521**.

Youth Softball

July 6 - Aug. 17

Mon. - Thurs., 2 - 5 p.m.

City R-Centers sponsor two softball leagues for youth ages 7-10 and 11-13 focusing on skill development, team-play, competition and fun. At the end of the season, teams from all the sites vie for the coveted City Championship. League members are also invited to play in the family-friendly Rochester Invitational Softball Tournament on August 9th & 10th. All are welcome. For more information, call **428-6015** or **428-7592**.

Youth Wrestling

July 6 - Aug. 10

Mon. and Wed., 6 - 8 p.m.

Wrestling requires strength, stamina, speed, technique, strategy and intensity. Wrestling helps youth learn the relationship between effort and achievement. R-Centers, in partnership with the City-Catholic Wrestling Association offer city youth, ages 8-14, a chance to try this unique sport. The team meets at the Thomas P Ryan R-Center. For more information, contact George Warren at

428-7721 or **warreng@CityofRochester.gov**.



Rochester Rapids Swim Team

Rochester Rapids is a competitive swim team for youth, ages 6-18. Swimmers are divided into practice groups by age and ability so each gets the level of instruction they will need to progress. New swimmers can practice with the team for a two-week trial period before committing to joining the Rapids. The cost is \$380 per year for city residents; \$514 for non-residents. Scholarships are available for city residents. Register on-line at www.rochesterrapids.com. For more information, call **428-7456** or email **rrst.headcoach@gmail.com**.

Youth Lessons

Summer Swim Academy

Two youth sessions available:

July 5 - 21 and July 25 - Aug. 11

The Summer Swim Academy offers free swim lessons for youth ages 6-18, at six different skill levels, from beginner to advanced. Half-hour daytime lesson times vary between 9:30 a.m.-noon, based on skill and enrollment. Evening sessions run from 5:30-7:30 p.m. Lessons are conducted at several indoor and outdoor pools around the city beginning July 5th. For more information or to register, visit www.cityofrochester.gov/swimlessons.

Youth Tennis Lessons

July 5 - Aug. 12

Mon. - Fri. 9 a.m. - Noon

Learning tennis is like learning to ride a bike; once you learn to play, you never forget. The City of Rochester hosts the Maplewood YMCA's Love 15 Summer Tennis Camp, where youth ages 8-16 learn tennis fundamentals. Morning and evening sessions run Monday through Friday. Call Sam Chhoeun at **277-1654** or go to **Maplewood Family YMCA, 25 Driving Park Ave.,** for more information.

KEEP YOUR COOL THIS SUMMER.

From swimming pools to spray parks, the City of Rochester offers many ways to beat the heat!

Indoor and Outdoor Pools are located at:

Avenue D R-Center, Adams Street R-Center, Flint Street R-Center, Genesee Valley Sports Complex, East High School, Northeast & Northwest College Preparatory High Schools at Frederick Douglass and Thomas Jefferson High School.

Supervised swimming is also available at the beautiful Durand Eastman Beach.

Spray Parks are located at:

Carter Street, Edgerton, David F. Gantt, Humboldt, Thomas P. Ryan, and Roxie Ann Sinkler R-Centers. The City also offers spray features especially for the little ones, age 6 and under, at the following locations: 4th and Peck Street Park, Dr. Martin Luther King, Jr. Memorial Park, and at the Troup Street Playground.



Special Events

Rochester Recreation offers a variety of special events for everyone to enjoy.

Flower City Kids Picnic and Planting Day

Thursday, June 2, 10 a.m. - 2 p.m.

Ontario Beach Park, 4800 Lake Ave.

Each year, thousands of Rochester City School District students visit Ontario Beach Park to plant flowers that they have started to grow in their classrooms. With their teachers' help, they have learned more than just how seeds grow—they have learned about the importance of plants in our lives. Children enjoy a day of gardening, free lunch donated by Wegmans, and free rides on the historic Dentzel Carousel. This event is co-sponsored by the Frontier Pioneers.

Maplewood Rose Celebration

Saturday, June 18, 10 a.m. – 6 p.m.

Maplewood Rose Garden, Lake Ave. at Avenue E

The Maplewood Rose Celebration, sponsored by the Maplewood Neighborhood Association and the City of Rochester, is an event the whole family can enjoy. The Maplewood Rose Garden boasts more than 5,000 roses at the peak of the blooming season—a truly stunning sight! Celebrate the Maplewood Rose Garden and the Historic Maplewood Neighborhood with rose workshops, garden tours, horticultural vendors, Maplewood history and gorge tours, live music in the garden, wine tastings and much more! For a detailed schedule visit www.cityofrochester.gov/maplewoodrosefest.

Summer Kick off Celebration

Friday, June 17, 5 p.m. - 8 p.m.

Edgerton R-Center, 41 Backus St.

Step into summer with the R-Center's Summer Kickoff Celebration. Enjoy a community cook-out picnic, musical entertainment, basketball tournament, a bounce house and more. Local youth organizations will also be on site with information and giveaways.

Windstream Party in the Park

Thursdays, June 16 – Aug. 11, 5 - 10 p.m.

Dr. Martin Luther King Jr. Memorial Park, 353 Court St.

Windstream Party in the Park Celebrates our 20th year with a fireworks kickoff at the June 16th concert! Bring a blanket and relax on the grass while listening to some of the summer's best music!

Enjoy the MVP Health Care Family Fun Zone, where children and adults alike can have fun blowing bubbles, playing games and trying out hula hoops!

Bocce League of Rochester will play 9 weeks of regulation league play on six courts at the site. Teams of six may register at www.bocceleagueofrochester.com. \$5 entry/children 12 & under free
www.cityofrochester.gov/pitp

Beach Bash

Tuesday, June 28, 6 - 9 p.m.

Roger Robach Community Center, 180 Beach Ave.

Get into summer at the annual Beach Bash hosted by the City of Rochester, Youth Voice, One Vision Youth Council, and the Campbell and Edgerton R-Centers. City teens ages 13-18 are invited to enjoy music provided by a DJ, dancing, dinner, performances, and resources on-site. Admission is \$5 at the door, \$3 for youth in registered youth groups that attend with an adult advisor. Youth must present school ID.

July 4th Celebration

Mon., July 4, 7:30 – 10 p.m.

Main St. Bridge

Fireworks @ 10 p.m., Music starts @ 7:30 p.m., RPO concert @ 9 p.m.

Admission: FREE

www.cityofrochester.gov/july4

Rochester Summerfest

July 8 & 9

Rhinos Stadium, 460 Oak St.

Check website for pricing.

www.cityofrochester.gov/summerfest

RPO “Around the Town” Concerts

Tuesdays, 6:30-7:30 p.m.

These free family-friendly concerts will be held in city neighborhoods. Bring lawn chairs and blankets, and enjoy a musical summer evening.

July 5 – Susan B. Anthony Square

July 12 – Mt. Hope Cemetery

July 19 – SE Corner of Joseph Ave. & Clifford Ave.

July 26 – Maplewood Rose Garden

www.cityofrochester.gov/aroundtownconcerts

Rochester Youth Triathlon

Saturday, July 16, 8:15 a.m. (Race check-in begins at 7:30 a.m.), Genesee Valley Park, 131 Elmwood Ave.

This triathlon is designed just for kids ages 6-17. It is Rochester's only youth-friendly, youth-only, Youth-distance triathlon. If you can swim, ride a bike, and run or walk, come out and give it a try. Pre-registration is required before 11:59 p.m., on Thursday, July 16. There will be NO registration on race day. To register, call 360-3748, e-mail the race director at kidstri_info@RochesterTriathletes.com, or go to www.rochestertriathletes.com/kidstri.

Cost: city residents, \$5; non-residents, \$15.

Cost for Teen Super Sprint: city residents, \$7; non-residents, \$20

Buffalo Bills Training Camp

(July and August at dates to be determined)

Come see how the pros do it! Join one of three City R-Center trips to the Buffalo Bills Training Camp. As part of this field trip, kids ages 6-14 can meet and interact with the Bills players and try skills challenges in the Bills Experience. It's pure fun! Transportation and lunch provided. **Call your local R-Center to register.**

Rochester Red Wings Camp Day

Wednesday, July 20, 11 a.m.

R-Center kids ages 6-14 are invited on our annual Rochester Red Wings Camp Day field trip. Come on out and cheer our hometown team as they play the Durham Bulls at Frontier Field! Transportation and lunch provided. **For more information, contact your neighborhood R-Center.**

Rochester Invitational Softball Tournament

August 9 - 10, Time TBD

Cobbs Hill Park, Culver Rd. at Norris Dr.

Kids who participate in the citywide R-Center softball league are invited to play in this family-friendly season ending tournament. Families are invited to cheer on the teams. Visit your local R-Center to learn how your child can enjoy summer softball fun. The Rochester Invitational Softball Tournament is free for kids who are members of the Citywide R-Center softball league.

Call 428-7592 for information.

Twilight Criterium

Saturday, Aug. 13

A Criterium, often described as “NASCAR on 2 wheels”, is a bike race designed for city-center streets and staged in spectator-friendly course loops that provide incredible lap-after-lap excitement. Watch the fast-paced action for free and be amazed by the athletes' extraordinary bike-handling skills and explosive speed. For more information, visit **www.rochestercrit.com**.

ROC The Park

July 23, Aug. 6 & Sept. 3, 5 - 10 p.m.

Dr. Martin Luther King Jr. Memorial Park, 353 Court St.

Admission: \$6

www.cityofrochester.gov/rocthepark

End of Summer Bash

Friday, Aug. 19, 12 - 4 p.m.

Edgerton R-Center, 41 Backus St.

Don't let summer slip away without one last celebration! Join the fun at the City's End of Summer Bash. Check out performances, displays and interactive activities showing off the amazing accomplishments of kids and teens in City summer programs. Enjoy a cookout-style lunch and musical entertainment. Win prizes, play games and much more! **For more information, contact your neighborhood R-Center.**



2016 *Flower City* FEELING GOOD

The 2016 Flower City Feeling Good program focuses on getting community members outside, active and inspired to live a healthy and vibrant life. For a full program line-up visit:
www.cityofrochester.gov/fcgg



Group EXERCISE

The City of Rochester boasts an array of beautiful parks and green spaces. This summer, the City of Rochester has partnered with the YMCA to offer family friendly exercise programs in beautiful park settings. All classes are FREE. Exercise sessions start at 6 p.m. Please arrive 5-10 minutes early to get situated.

Boot Camp

June 1, 6 p.m.

Maplewood Rose Garden. Meet in the Rose Garden parking lot at Lake Avenue and Driving Park Avenue.

Zumba

June 15, 6 p.m.

Cobbs Hill Park. Meet at the Lake Riley Lodge Parking Lot off Norris Drive.

Yoga

June 29, 6 p.m.

Genesee Valley Park. Meet at the Genesee Valley Sports Complex parking lot off Elmwood Avenue.

Zumba

July 6, 6 p.m.

Maplewood Rose Garden. Meet in the Rose Garden parking lot at Lake Avenue and Driving Park Avenue.

Yoga

July 20, 6 p.m.

Cobbs Hill Park. Meet at the Lake Riley Lodge Parking Lot off Norris Drive.

Boot Camp

August 3, 6 p.m.

Genesee Valley Park. Meet at the Genesee Valley Sports Complex parking lot off Elmwood Avenue.

Yoga

August 17, 6 p.m.

Maplewood Rose Garden. Meet in the Rose Garden parking lot at Lake Avenue and Driving Park Avenue.





Guided BICYCLE TOURS

Explore the city's natural and built environments - rides will highlight neighborhoods, city landmarks, natural wonders and the rich history of our great city. Cancellations due to weather will be made at start time on the site of the ride. **All rides start promptly at 6 p.m., please be ready to ride on time. For more information call (585) 428-8820.**

High Falls Neighborhood

June 7, 6 p.m.

Meet at the Pont de Rennes Bridge, at the Centers at High Falls. Travel along the Genesee Riverway Trail and by road into the community. Ride through downtown Rochester, Genesee Valley Park, Corn Hill neighborhood and the Susan B. Anthony neighborhood which contains the Frederick Douglass Museum site. A 10 mile ride on flat terrain, city roads and paved trail. *This ride is repeated during the River Romance Weekend, October 8 at 1 p.m.*

Genesee Valley Park Neighborhood

June 14, 6 p.m.

Meet at the Genesee Valley Park pool parking lot, 131 Elmwood Ave. Bike on the Erie Canal, Genesee Riverway, Lehigh Valley North and Genesee Valley Greenway Trails. A 12.5 mile ride on flat terrain, paved and unpaved trails.

South Wedge Neighborhood

June 21, 6 p.m.

Meet at the Genesee Valley Park pool parking lot, 131 Elmwood Ave. Bike on the Genesee Riverway Trail and in the bicycle lane on South Avenue in the South Wedge, a neighborhood which is enjoying a rebirth with new housing and businesses. An 11 mile ride on paved trail and City roads.

Seneca and Turning Point Parks

July 5, 6 p.m.

Meet at Seneca Park Zoo parking lot. Cross over to the west side of the Genesee River to ride on the Genesee

Riverway Trail north to the Port of Rochester. Spectacular views of the river gorge. Ride on the 4,000 foot boardwalk in Turning Point basin, and under the O'Rourke Bridge. A 12 mile ride on a paved trail with a few moderate hills. *This ride is repeated during the River Romance Weekend, October 9 at 1 p.m.*

University Avenue Neighborhood of the Arts

July 19, 6 p.m.

Begin at the Rochester Public Market, 280 N. Union St. Ride along University Avenue to view sidewalk art and enjoy the George Eastman Museum gardens. A 10 mile ride on flat terrain and city roads.

Park Avenue Neighborhood

July 26, 6 p.m.

Meet at the University Avenue Business Center, 1044 University Ave. Ride along to view the beautiful mansions along East Avenue and in the Cobbs Hill Neighborhood. A 10-mile ride on city roads.

Charlotte Neighborhood and Lake Ontario State Parkway Trail

Aug. 9, 6 p.m.

Meet at the Abbott's Charlotte parking lot by Estes Street. Great views of Lake Ontario and the ponds along Edgemere Drive with beach front homes. Ride includes a short walk along the Lake Ontario beach front 'secret sidewalk' by beautiful lakeside homes. A 13.6 mile ride on paved trails and roads.

Corn Hill Neighborhood

Aug. 16, 6 p.m.

Meet at the Genesee Valley Park pool parking lot, 131 Elmwood Ave. Bike on the Genesee Riverway Trail and explore the Corn Hill neighborhood to view the many historic and stately homes. A 10 mile ride on paved trail and City roads.

Maplewood Neighborhood

Aug. 23, 6 p.m.

Meet at the Rose Garden parking lot, Lake Avenue and Driving Park Avenue. Ride on the Genesee Riverway Trail through Seneca Park. See the stately homes on Seneca Parkway and get close up views of the Lower Falls and the Genesee River Gorge. Ride the El Camino Trail and the Rochester Gas & Electric Middle Falls Dam Trail Bridge. A 9 mile ride on a paved trail and city roads with a few moderate hills.

Erie Canal Genesee Valley Park to Brighton Town Park

Aug. 30, 6 p.m.

Meet at the Genesee Valley Park pool parking lot, 131 Elmwood Ave. Bike on the Genesee Riverway Trail and the Erie Canal Trail east to Brighton Town Park. View the University of Rochester Campus, Empire State College Campus and Genesee Valley Park. An 8.5 mile ride on paved trails.

River Romance Weekend Ride Repeats

For more information, visit:
www.cityofrochester.gov/riverromance

High Falls Neighborhood

October 8, 1 p.m.

Seneca and Turning Point Parks

October 9, 1 p.m.

Activities

ON THE

WATER

Adult rowing classes

Monday-Saturday, beginning April 18

Adult rowing classes begin “on the water” at Genesee Waterways Center (GWC) in Genesee Valley Park. Programs are open to anyone 18 and over. Beginner, recreational, intermediate and competitive rowing programs are held throughout the spring, summer and fall. Join the many happy people rowing with GWC! www.GeneseeWaterways.org

Kayak and Canoe rentals

Beginning Memorial Day Weekend

Kayak and Canoe rentals open for the season at the Genesee Waterways Center, 149 Elmwood Ave, Rochester. Outrigger canoeing will also be offered in 2016. Visit www.GeneseeWaterways.org for schedules and details.

FREE • National Learn to Row Day Saturday, June 4

Events at the Genesee Waterways Center will take place from 10 a.m.-4 p.m. Adults and kids ages 14 and older are invited to give rowing a try. Come out and experience the joy of rowing. For more information and pre-registration, visit www.GeneseeWaterways.org

Whitewater Kayak

Youth Summer Camps

Monday-Friday, beginning June 27

Whitewater Kayak Youth Summer Camps at Lock 32 in Pittsford teaches kids and teens to learn and excel at this exciting sport. Information is available at www.GeneseeWaterways.org

The 16th Annual Armond Bassett Canoe and Kayak Race

Saturday, July 9

The Bassett Canoe and Kayak Race is a New York Marathon Canoe Racing, Inc. (NYMCRA) race. NYMCRA is an association of canoe racers and race organizers that exists to improve and increase the activity of marathon canoe and kayak racing. New competitors and spectators are welcome. www.GeneseeWaterways.org for more information.

The 20th Annual Rochester River Challenge

Saturday, Sept. 17

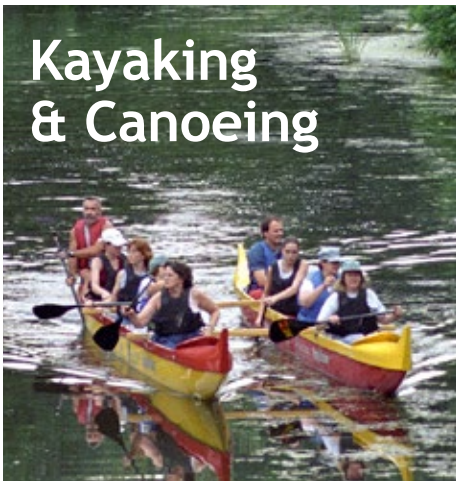
Revel in a full day of outrigger canoe racing for individuals and teams of all abilities at the Genesee Waterways Center. This is also a Wounded Warrior Disabled Sports and inclusive

community event. You can team up with family, friends, or co-workers to paddle and compete in 400m sprint races for this unique and fun day on the Genesee River. This event is run by Cape Ability Outrigger Ohana, a local non-profit organization which specializes in providing outrigger canoeing opportunities for individuals of all abilities. For more information, instruction and to register, visit www.AdaptiveCanoeing.org

The Head of the Genesee Regatta Saturday-Sunday, October 8-9

The Head of the Genesee Regatta is an intense rowing competition for high school, collegiate, corporate and master athletes. Visit www.GeneseeWaterways.org for information on racing in a corporate team boat with your co-workers. The event coincides with the City of Rochester’s River Romance Weekend. Spectators are invited.

Kayaking & Canoeing



The Genesee Waterways Center (GWC) is the City of Rochester’s partner for adult and youth programming related to our area’s beautiful water resources. This summer, the City has teamed up with GWC to offer canoeing and kayaking events on Wednesdays throughout the summer. Bring your family and friends to experience an afternoon/evening of paddling on the beautiful Genesee River.

Dates: Every 2nd and 4th Wednesday of the month.

June 8, June 22, July 13, July 20, Aug. 10 and Aug. 24.

Time: 11 a.m.-7 p.m.

Last boats launch at 6 p.m.

Cost: \$15 per person for two hours of rowing.

ROCHESTER PUBLIC LIBRARY SUMMER PROGRAMS

For a full list of programs
go to www.libraryweb.org
and click on the KIDS tab.



Central Library

115 South Ave.
Children's Center Ph: 428-8150
Teen Central Ph: 428-8451

A Time to Drum and Sing Along
with Topher Holt
Monday, August 8
10:30 - 11:30 a.m.
All ages

Exploration Stations
Thursdays, July 14-August 18
11 a.m. - 4 p.m.
All ages

Arnett Library

310 Arnett Blvd.
Ph: 428-8214

Seneca Park ZooMobile
Wednesday, July 27
4 p.m.
12 and under

Numbers League Game
Presented by Chris Pallace
Wednesday, August 10
4 p.m.
Ages 8-12

Charlotte Library

3557 Lake Avenue
Ph: 428-8216

Airplay Comedy Juggling Show
Monday, August 8
1 - 2 p.m.
All ages

Traveling Campfire Story Time
Thursday, August 25
6 - 6:45 p.m.
All ages

Frederick Douglass Library

971 South Avenue
Ph: 428-8206

Let's Move and Sing About Colors
with Missy Reed at Highland Park
Thursday, July 7
10:30 - 11:30 a.m.
All ages

Hula Hoop
Thursday, July 28
3 - 4 p.m.
All ages

Lincoln Branch

851 Joseph Avenue
Ph: 428-8210

Grupo Cultural Latinos En Rochester
Dance Presentation
Wednesday, July 20
10:30-11:15am
All ages

DIY Bouncy Balls
Tuesday, July 19
2:30 - 4 p.m.
Ages 10-17

Lyell Library

956 Lyell Avenue
Ph: 428-8218

Rochester Fencing Club
Friday, July 1
2:00 - 3:00 p.m.
All ages

Simple Snacks to Make at Home
with the Storybook Cook
Wednesday, July 13
3 - 4 p.m.
Ages 6-14

Maplewood Library

1111 Dewey Avenue
Ph: 428-8220

Bubble Games! With Doug Rougeux
Monday, June 27
10 p.m.
Ages 3-12

Soccer Clinic with Wagner Soccer Academy
Tuesday, August 23
1 - 2 p.m.
Ages 8-12

Monroe Branch Library

809 Monroe Avenue
Ph: 428-8202

Hula Hooping for Fitness & Fun
Monday, July 18
7 - 7:45 p.m.
All ages

Van Dyke Photography:
Make Photographs Without
a Camera
Saturday, July 23
11 a.m. - 12:30 p.m.
Ages 6 and up
Registration requested

Phillis Wheatley Library

33 Dr. Samuel McCree Way
Ph: 428-8212

On Your Mark, Get Set, Read!
Summer Reading Sign-Up Party
Wednesday, July 6
3 - 4 p.m.
Pre-K- 6th grade

On Your Mark, Get Set, Read!
Summer's End Party
Friday, Aug. 19
Pre-K – 6th grade

Sully Library

530 Webster Avenue
Ph: 428-8208

The Amazing Magic Joe
Thursday, July 7
2 - 3 p.m.
All ages

Mini Ark Farm Animal Program
Wednesday, July 27
2 - 2:45p.m.
All ages

Winton Library

611 Winton Road, North
Ph: 428-8204

The Charlie Show
Tuesday, June 28
3:30-4:15 p.m.
Ages 3 up

**Omnipresent Puppet Theater
Presents: "The Tortoise and the Hare"**
Monday, July 25
6 - 7 p.m.
All ages

greater rochester
Health
foundation

**Be A
Healthy
Hero**



The City of Rochester's
Recreation on the Move Van
is rolling into your neighborhood!
Look for us in these neighborhoods from 3:30 to 6:30 p.m.!

DATES	EAST SIDE LOCATION	WEST SIDE LOCATION
June 28 – July 1	Ellwanger & Barry Park	Troup Street Park
July 5 – July 8	Grand Avenue Playground	Tacoma Park
July 12 – July 15	Conkey Corner Park	J.R. Wilson Park
July 19 – July 22	University Avenue Playground	Jefferson Terrace Park
July 26 – July 29	Pulaski Park	Bronson Park
Aug 2 – Aug 5	Baden Park	J.P. Riley Park
Aug 9 – Aug 12	Don Samuel Torres Park	West High Field Playground
Aug 16 – Aug 19	Fourth & Peck Park	Jones Square Park
Aug 23 – Aug 26	Marketview Lodge	Aberdeen Square

www.cityofrochester.gov/reconthemove